

Ruth Sponsel, "Ms. Ruth," is offering swimming lessons again this summer as well as water aerobics classes. Ms. Ruth is an instructor and instructor trainer for the American Red Cross and has more than 25 years' experience in the aquatics field.

## Swim Lessons

8 classes per session  
\$80/session/child (minimum 5 participants required)  
**Monday & Wednesday Evenings**  
August Session: August 1-24

- Level 1/2 (6+ years) .....5:00-5:45 pm
- Preschool (3-5 years) .....5:45-6:15 pm
- Level 3/4 (6+ years) .....6:15-7:00 pm

## Water Aerobics

**Tuesdays & Thursdays 9:15-10:15 am**  
Through August 30  
\$60/month/person (8 classes) • "Drop-ins" \$10/class  
Sign up at Pool

Contact Ms. Ruth Sponsel at 910.322.3453 or Ella at the pool with any questions

*Did You Know?*

## JP'S BAR & GRILL HAS SUNDAY BRUNCH

11:00am-2:00pm

In addition to our lunch menu, the brunch menu features Eggs Benedict, Cuban French Toast, Omelets, and many more breakfast favorites!



## JP'S BAR & GRILL Specials

WEDNESDAYS: Kid's Night – Kids' Menu is 50% Off  
THURSDAYS: Pasta Bar – \$11.50 adults • \$6.99 12 & under  
FRIDAYS: Wings & Beer Night – Featuring Wings & \$2 Draft Beer  
SATURDAYS: Prime Rib & Wine Night – 50% off ALL BOTTLES of wine!  
SUNDAYS: Sunday Brunch

Call JP's at 910.425.6667x245 for reservations and to help the Gates Four team provide the best service possible

**DRESS CODE REMINDER WHEN DINING IN CLUBHOUSE**  
All members and guests shall dress in a manner suitable to the surroundings and environment of a country club. Undershirts, cut-offs, short shorts, halter tops, and tank tops are not considered appropriate for this facility.



## Fitness


### Yoga

Mondays, Wednesdays & Fridays 8:30 am

### Chair Yoga

Mondays, Wednesdays & Fridays 9:45 am  
Chair Yoga is also offered on Zoom. Email jcwseesu@yahoo.com or text 910.391.5541 for the link. You must sign a waiver and get online payment options before receiving the Zoom link.

Riddle Room  
\$10/class • Instructors: Jennifer Warnock or Traci Payne



### Personal Training

Mike Sartain, Sartain Strong  
Certified Strength Coach/Personal Trainer  
252.646.7417 • mike@sartainstrong.com

## Meetings/Clubs

### Ladies Bunco Night

Ladies Bunco Night is on the 2nd Wednesday of each month; contact Lori Hawkins if interested (910.261.7871 | Lori.Hawkins64@gmail.com)  
Wednesday, August 10 • 7:30 pm  
Conference Room

### Homeowners (HOA)

Wednesday, August 17 • 6:00 pm  
March Riddle Room

### Townhouse Owners

The Townhouse Association HOA meets on the 2nd Wednesday every other month, even months (Feb., April, June, Aug., Oct., Dec.)  
Wednesday, August 10 • 6:30 pm  
Clubhouse Conference Room



## SAFETY REMINDER!

For your safety and the safety of others, walking, jogging, bicycling, fishing or **ANY NON-GOLF-RELATED ACTIVITIES** are **NOT PERMITTED** on the golf course **AT ANY TIME**.  
Reminder that this includes **WALKING** on the course.



## Welcome TO OUR NEWEST MEMBERS

- Tyler & Patricia Heimann
- Theodore & Robin Nottage
- Kirk Beringer
- Rakesh Kumar & Mandeep Kaur



Gates Four Golf & Country Club Monthly Newsletter

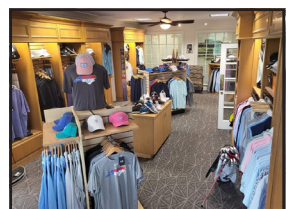
AUGUST 2022

## LABOR DAY at the POOL

COME ENJOY THE SUN, FUN & MUSIC!

Monday, Sept. 5  
1-4 pm

## AROUND the CLUB



## 2022 MEN'S Member-Guest

### Gates Four's Premier Golf Event!

Thursday-Saturday  
October 13-15

**Cost: \$450 per Team**  
(\$100 deposit required by Sept. 15)

2-Man Best Ball Format with 75% of your handicap playing five (5) Nine-Hole Matches in your respective flights. A shoot-out on Saturday between all flight winners will determine overall winner.

**Full Schedule of Events is available in the Golf Shop**





## Important Numbers

<b>Clubhouse</b>	<b>910.425.6667</b>
Billing/Member Services.....	x 222
JP's Bar & Grill.....	x 245
General Manager.....	x 223
<b>Pro Shop</b>	<b>910.425.2176</b>
<b>Pool</b>	<b>910.425.4015</b>
<b>Tennis Pro</b>	<b>828.406.7383</b>
<b>Fitness Trainer</b>	<b>910.978.2348</b>
<b>Grounds Keeper</b>	<b>910.425.3381</b>
<b>Lakewood Gate</b>	<b>910.424.0542</b>
<b>Dundle Gate</b>	<b>910.424.1597</b>

## Summer Hours

### Pro Shop/Range

Monday–Friday.....	8:00 am–6:00 pm
Saturday–Sunday .....	7:30 am–6:00 pm

### JP's Bar & Grill

Monday.....	CLOSED
Tuesday.....	11:00 am–3:00 pm (Limited Menu – Cold Sandwiches and Hot Dogs)
Wednesday–Saturday .....	11:00 am–9:00 pm
Sunday .....	11:00 am–5:00 pm
(Sunday Brunch 11:00 am–3:00 pm; no food after 3:00 pm)	

### Tennis Courts

Daily.....	7:00 am–9:30 pm
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### Fitness Center

Daily.....	8:00 am–Club Closing
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### Pool

Daily.....	10:00 am–8:00 pm (On Monday, Snack Bar only)
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### Bluewater Café

Monday.....	CLOSED (Snack Bar, Hot Dogs & Sandwiches only)
Tuesday.....	11:00 am–7:00 pm (Snack Bar, Hot Dogs & Sandwiches only)
Wednesday–Saturday .....	12:00 pm–4:00 pm
Saturday–Sunday .....	11:00 am–5:00 pm

### Snack Bar

Daily.....	11:00 am–7:00 pm
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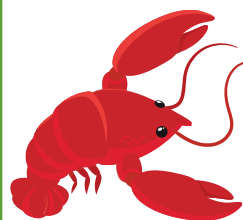
## Private Lessons

<b>Golf:</b> Anthony Carstarphen...	910.670.3761
<b>Golf:</b> Terry Bradley .....	502.909.5178
<b>Tennis:</b> Alicia Barto .....	334.372.7177

### Gates Four Golf & Country Club

For club questions, email Kevin Lavertu at klavertu@gatesfour.com. For newsletter comments, email Joan Richter at jrichter@nc.rr.com

# Upcoming CLUB EVENTS



## Lobster Night

**Saturday, August 13 • 6:00–9:00 pm**

Join us for some mouth-watering Maine lobsters at our 10th annual Lobster Night! **Reservations are required.** Bring a big appetite!

JP's will close at 4 pm, including the bar. No dinner or prime rib will be served.

*Jay Dowdy* All American Homes

KIM EVERS TEAM **OVM FINANCIAL**

Presents *Gates Four SUMMER CONCERT SERIES*

**MÖSTLEY CRÜE AUG. 26<sup>TH</sup>**

WITH SPECIAL GUEST **AUTUMN TYDE**

FOOD, SOFT DRINKS, BEER & WINE ON SALE CASH BAR W/ ALL ABC PERMITS PLUS MUSIC, DANCING, FOOD + FUN!

**GATES OPEN 5:00**

**AUTUMN TYDE 6:00-7:00**

**MÖSTLEY CRÜE 7:30-10:00**

CONTINUE THE FUN, **GAMALIER PADILLA**

PERFORMING AT THE SAND TRAP AFTER PARTY 10 PM-UNTIL

**FREE CONCERT!**

[www.fayettevilledinnertheatre.com](http://www.fayettevilledinnertheatre.com) OR CALL 910-391-3859



## FREE Summer Concert Series

**Tuesday's Gone** (Lynyrd Skynyrd Tribute)

**Friday, Sept. 2 • Gates open 5:00 pm**

**Musical Guest 6:00 pm • Concert 7:30 pm**

Go to [FayettevilleDinnerTheatre.com](http://FayettevilleDinnerTheatre.com) or call 910.391.3859



J & K Productions Presents an "All White Attire Event" — A Celebration of Music from National Recording Artist

**Sir Jonathan Burton** SINGING HIS GREATEST HITS

**Saturday, Sept. 3 • \$30/person or \$50/couple**

**Gates open 7:00 pm • Show starts 8:00 pm**

Contact Pete at 910.490.3010 for more information



## Interactive Training & Networking

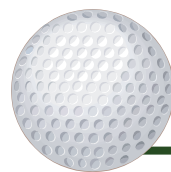
**Thursday, Sept. 29 • 5:30 pm • \$48 (includes dinner)**

Learn the secret to success at this interactive training, and network with local business leaders who have made every day **their** masterpiece.

**ANVIL DEVELOPMENT**  
@anvildevelopment1948

## EVENT RESERVATIONS

**910.425.6667 x 221**



# Golf

## Upcoming Golf Tournaments

### AUGUST

**Saturday, August 13**  
**MGA Golf Event**  
9:00 am Shotgun

**Saturday, August 20**  
Suicide Awareness  
1:00 pm Shotgun

**Friday, August 26**  
Miller Crew  
9:00 am Shotgun

**Saturday, August 27**  
Breezewood Church  
9:00 am Shotgun

### SEPTEMBER

**Friday, September 9**  
The CARE Clinic  
11:00 am

**Saturday, September 10**  
MAGT Golf  
10:00 am Shotgun

**Thursday, September 15**  
Billy West DA  
8:00 am / 1:00 pm

**Friday, September 16**  
Knight of Pythias  
TBD

**Saturday, September 17**  
**MGA Golf Event**  
9:00 am Shotgun

**Saturday, September 17**  
Carolina Bible College  
1:00 pm Shotgun

**Thursday, September 22**  
Homebuilder of Fayetteville  
9:00 am Shotgun

## 2022 MGA Golf Events

**Saturday, August 13**

8 am Breakfast • 9 am Shotgun • \$40 • Criers & Whiners Event  
Best Ball 2-Person Team

**Saturday, September 17**

**Thursday–Saturday, October 13–15** Member-Guest

**Wednesday, November 2** Pro-Am

**Saturday, November 12**



**PLEASE REFRAIN FROM APPLYING SUNSCREEN WHILE STANDING ON THE GREENS OR ANY TURF AREAS. Thank you very much for your cooperation!**

## NIGHT GOLF

**Friday, August 19 • 9:00 pm Shotgun**

8:00 pm Hors D'oeuvres on Patio at JP's

**\$50 Members • \$75 Guests • 2-Person Captain's Choice**

## MAINTENANCE MONDAYS

**FAIRWAY AERIFICATION**  
**Monday, Aug. 15** (cart path only; course open)

**GREENS AERIFICATION**  
**Monday, Aug. 29** (course closed all day)

## GOLF RESERVATIONS / INFORMATION

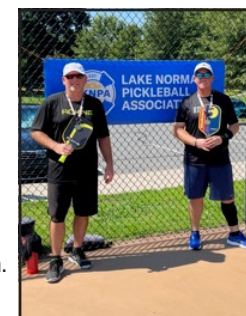
**Pro Shop – 910.425.2176**



# Tennis

## Pickleball

Pickleball is becoming popular in Gates Four! For more information on lessons (with or without a ball machine) or clinics, contact Austin Babb at 910.987.5299 or email a\_babb@msn.com or austinbabb@fayblock.com.



## Court Reserve Registration & Reservation System

Each Gates Four Golf & Country Club member has access to **Court Reserve**, the app used to reserve the tennis and pickleball courts and register for all tennis and pickleball events, lessons, and clinics. To access Court Reserve, please email Alicia Barto at aliroca05@gmail.com with ALL of the following information: Names of family members on GFGCC membership account, phone number, email address, and GFGCC membership number.



## Junior Tennis Clinic Sessions

**Fall I: Mon. Aug. 22–Fri. Sept. 23**

**Fall II: Mon. Sept. 26–Fri. Oct. 28**

**Fall III: Mon. Nov. 7–Fri. Dec. 9**

Each session has 5 weeks, and clinics will be 4 of the 5 weeks. The extra week allows for a make-up session if needed for inclement weather etc.

- **SMASHERS (ages 7–14):** For younger players who need to develop the ABCs (agility, balance and coordination) of athletics in addition to learning the basic strokes of tennis on a modified court  
– Tuesdays 5–6 pm | \$45 per 4-week session (Non-Members \$60 per session)
- **SMASHERS (ages 7–11):** For younger players who need to develop the ABCs (agility, balance and coordination) of athletics in addition to learning the basic strokes of tennis on a modified court  
– Saturdays 9–10 am | \$45 per 4-week session (Non-Members \$60 per session)

## Adult Tennis Clinics

- **ADULT CARDIO DRILLS CLINIC:** This fast-paced, high-energy drill session will get your heart pumping. The focus is on getting a great workout while learning how to become a better player  
– Saturdays 10–11 am | Tuesdays 6–7 pm  
– \$12 per clinic (Non-Members \$27 per clinic)

## USTA Tennis

The combo season has begun. Come out to the tennis courts and support the Gates Four teams at their home matches.

- **18+ 5.5:** Mondays 6:30 pm (August 15 and 22, September 12)
- **40+ 6.5:** Wednesdays 6:30 pm (August 3, 17 and 31; September 21)

## Social Tennis

**Doubles** — Tuesday and Thursday mornings, 8 am. All players welcome. No sign up required; just come to the courts with your racket and tennis balls.

**LEAGUE MATCHES AND PRACTICES HAVE RESERVED COURTS**  
Call the Pro Shop for reservations