



PGA Jr 2025 FALL

Coach Anthony Carstarphen 910-870-3781 acarstarphen@gatesfour.com

Practice Dates:
 Fridays @ 6
 August 29-Optional Preseason Refresher
 September 5
 September 12
 September 19
 September 26
 October 5
 October 10
 October 24
 October 31
 November 7

PGAJr League Matches
 September 6th @ 3pm
 September 21st @ 3pm
 September 28th @ 3pm
 October 5th @ 3pm
 October 25th @ 3pm
 November 8th @ 3pm

New PGAjr Players \$310
 Pay via PGAjr site

Returning Spring Players \$250
 Pay to Coach via Zelle or Venmo

Self-esteem
Leadership
Friendship
Skills
Golf Etiquette

Anthony Carstarphen
 Venmo

Anthony Carstarphen
 Zelle



first tee sandhills

2025 Fall Programs

Wednesday, September 3 – Wednesday, October 22
 (October 29 make-up date if necessary)

5:15–6:45pm

Register today!
firstteesandhills.org/25springprograms/

Questions? Call 910.255.3035



JP's BAR & GRILL

Specials

WEDNESDAYS: Kid's Night – Kids' Menu 50% Off

THURSDAYS: Pasta Bar (SEPT. 4, 11 & 25) – \$14.50 adults • \$9.99 12 & under
Taco Night (SEPT. 18) – \$18 adults • \$10 12 & under

FRIDAYS: Wings & Beer Night – Featuring Wings & \$3 Draft Beer

SATURDAYS: Prime Rib & Wine Night – **50% off ALL BOTTLES of wine!**

SUNDAYS: Sunday Brunch

DRESS CODE REMINDER WHEN DINING IN CLUBHOUSE
 All members and guests shall dress in a manner suitable to the surroundings and environment of a country club. Undershirts, cut-offs, short shorts, halter tops, and tank tops are not considered appropriate for this facility.

Call JP's at 910.425.6667x2 for reservations and to help the Gates Four team provide the best service possible



Fitness

PILATES
 Mondays, Wednesdays & Fridays 8:30 am

CHAIR FITNESS
 Mondays, Wednesdays & Fridays 9:45 am
 Chair Fitness is also offered online via Zoom.

\$10/class (a waiver must be signed prior to attending class)
 Riddle Room or Main Ballroom
 Instructor: Traci Payne

For additional information, contact Traci Payne at 734.776.1117.

Meetings/Clubs

BOOK CLUB
 All dates are on Fridays • 10:00 am
 Upstairs Conference Room

- September 12** — *The Me I Used to Be* – A Novel by Jennifer Ryan
- October 3** — *A Marriage at Sea* by Sophie Elmhirst

For additional information, contact Cathie Vaughn at 910.308.3611

HOMEOWNERS ASSOCIATION (HOA)
 Wednesday, September 17 • 6:00 pm
 March Riddle Room

TOWNHOUSE OWNERS ASSOCIATION
 Meets on the 2nd Wednesday each month at 6:30 pm
 Wednesday, September 10 • 6:30 pm
 Clubhouse Conference Room or on Zoom
 (use the "contact us" button on the townhouse owners website [gftha.org] to join on Zoom)



Tennis

PRIVATE LESSONS

For private lessons, contact:

- Caillin Cifra:** caillin.cifra50@gmail.com or 512.914.3653
- James Wright:** jwright23@student.methodist.edu or 336.905.0045

PICKLEBALL

For more information on pickleball lessons or clinics, contact Austin Babb at a_babb@msn.com or austinbabb@fayblock.com, or call 910.987.5299.



SWOOP

Gates Four is partnering with Swoop to allow easier access to ordering from JP's! Download the Swoop App from the Apple Store or Google Play Store for your device to try an order today!







The GATE POST

Gates Four Golf & Country Club Monthly Newsletter

SEPTEMBER 2025

LIMITED SPACES AVAILABLE!

2025 MEN'S Member-Guest

Gates Four's Premier Golf Event!

Thursday-Saturday October 2-4

Cost: \$450 per Team
 (\$100 deposit required by September 15)

2-Man Best Ball Format with 75% of your handicap playing five (5) Nine-Hole Matches in your respective flights. A shoot-out on Saturday between all flight winners will determine overall winner.

Full Schedule of Events is available in the Golf Shop



AROUND the CLUB











Important Numbers

Clubhouse	910.425.6667
Billing/Member Services	ext. 3
JP's Bar & Grill	ext. 2
General Manager	ext. 4
Pro Shop	910.425.2176
Pool	910.425.4015
Tennis Pro	828.406.7383
Fitness Trainer	910.978.2348
Grounds Keeper	910.425.3381
Lakewood Gate	910.424.0542
Dundle Gate (HOA)	910.424.1597
GF Townhouse Assn.	910.978.5537

Fall Hours

Pro Shop/Range

Monday–Friday	8:00 am–6:00 pm
Saturday–Sunday	7:30 am–6:00 pm

JP's Bar & Grill

Monday–Tuesday	CLOSED
Wednesday–Saturday	11:00 am–9:00 pm
Sunday	11:00 am–3:00 pm
(Sunday Brunch 11:00 am–3:00 pm; no food after 3:00 pm)	

Tennis Courts

Daily	7:00 am–11:00 pm
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Fitness Center

Daily	8:00 am–Club Closing
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Private Lessons

Golf: Anthony Carstarphen	910.670.3761
Golf: Terry Bradley	502.909.5178
Tennis: Cailin Cifra	512.914.3653
Tennis: James Wright	336.905.0045

Gates Four Golf & Country Club

GatesFour.com

For club questions, email Kevin Lavertu at klavertu@gatesfour.com. For newsletter comments, email Joan Richter at joan_richter@icloud.com.

Upcoming CLUB EVENTS



Friday, October 10
5:00–9:00 pm

Food & Beer Specials
Music

RSVP BY OCTOBER 6



Oyster Roast



**SATURDAY
NOVEMBER 8**
5:00–8:00 pm
IN THE PAVILION

- James River Oysters, raw and steamed
- BBQ Chicken
- Corn on the Cob
- Hush Puppies
- Baked Beans
- Clam Chowder

\$45 / person
RSVP BY OCTOBER 29

EVENT RESERVATIONS
910.425.6667 x 3



Golf

SEPTEMBER

THUR. SEPT. 11	Billy West for DA	8:00 am / 1:00 pm
SAT. SEPT. 13	MGA GOLF	8:30 am Shotgun
SAT. SEPT. 13	Alpha Phi Alpha	1:00 pm Shotgun
SUN. SEPT. 14	US Kids Golf	10:00 am Tee Times
FRI. SEPT. 19	Special Olympics	9:30 am Shotgun
FRI. SEPT. 19	2nd SWT Ft. Bragg	2:00 pm Shotgun
SAT. SEPT. 20	MOAA Golf Tourn.	1:00 pm Shotgun
MON. SEPT. 22	Village Christian (9 holes)	1:00 pm Shotgun
THUR. SEPT. 25	HBAF Fayetteville	9:00 am Shotgun
FRI. SEPT. 26	Fayetteville State Univ.	9:00 am Shotgun
FRI. SEPT. 26	Golf A Rita VILLE	1:00 pm Shotgun
SAT. SEPT. 27	SAC Invitational	10:00 am Shotgun
MON. SEPT. 29	Village Christian (9 holes)	1:00 pm Shotgun

OCTOBER

WED. OCT. 1	PSY-B Regiment	9:00 am Shotgun
THUR.–SAT., OCT. 2–4	MEMBER–GUEST	All Day Tee Times
THUR. OCT. 9	USASOC G3	10:00 am Shotgun
FRI.–SUN., OCT. 10–12	Cumberland County Golf	Tee Times
MON. OCT. 13	Village Christian (9 holes)	1:00 pm Shotgun
TUE. OCT. 14	Jack Britt–Women's Fall Match	2:00 pm Shotgun
FRI. OCT. 17	Cape Fear Kiwanis	11:30 am Shotgun
SAT. OCT. 18	Myover Reese	1:00 pm Shotgun
SUN. OCT. 19	Korean Chamber of Commerce	1:30 pm Shotgun
THUR. OCT. 23	Marcus Doss Salon Tourn.	12:00 pm Shotgun
FRI. OCT. 24	Quad 4 Event	TBD
SAT. OCT. 25	Mamie Adkins MAGT Tourn.	10:00 am Shotgun
SUN. OCT. 26	VGA Golf	10:00 am Shotgun
MON.–TUE., OCT. 27–28	NCHAA 3A State Champ. Men.	8:00 am Tee Times

NOVEMBER

SAT. NOV. 1	Carolina College Bible Studies	1:00 pm Shotgun
FRI. NOV. 7	4th Battalion 3rd Group	9:00 am Shotgun
SAT. NOV. 8	MGA GOLF	9:00 am Shotgun
SAT. NOV. 8	71st Baseball Tournament	1:00 pm Shotgun
SAT. NOV. 15	Take It by Force	12:00 pm Shotgun
WED. NOV. 19	Newman Group	9:30 am Shotgun
FRI. NOV. 21	Petros Retirement (9 holes)	2:30 pm Shotgun

DECEMBER

SAT.–SUN., DEC. 6–7	MGA GOLF CLUB CHAMP	9:00 am Tee Times
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GOLF RESERVATIONS / INFO

Pro Shop – 910.425.2176

2025 MGA Golf Events

Thurs.–Sat., October 2–4
All Day Tee Times
Member–Guest Best Ball

Saturday, November 8

3 Club Tough Day Scramble

Sat.–Sun., Dec. 6–7

Club Championship Stroke Play



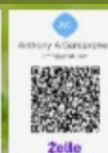
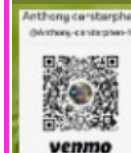
Ladies Golf League

FUN AND CASUAL 9-HOLE LEAGUE FOR LADIES OF ALL SKILL!

5 PM EVERY TUESDAY

Teaching Pro Anthony Carstarphen
will lead a short clinic followed by play
and more instruction on the course.

\$25/member
\$30/non-member
per session



Contact Coach
Anthony Carstarphen
at 910-670-3761 or
ACARSTARPHEN@GATESFOUR.COM

Gates Four
GOLF AND COUNTRY CLUB
UP & COMING WEEKLY

57th Annual
2025
Cumberland County
GOLF
CHAMPIONSHIP

HINKAMP
Jewelers

FASTSIGNS
More than fast. More than signs.

OCTOBER 10th–12th

Cumberland County's Premier Golf Event

For questions
or tee time scheduling,
contact:
Tournament Director
Bill Bowman
(910) 391-3859

54-hole individual stroke play for Men's, Senior,
& Super Senior Divisions

36-hole individual stroke play for Women's and
Youth Divisions (will play October 11th & 12th)

Register by Sept 30th and receive
Golfer's Bonus!
OF 4 FREE FOURSOME ROUNDS AT
Gates Four

REGISTER ONLINE: CumberlandCountyGolfClassic.com
Entry Deadline: September 30 at 5 p.m. • NO EXCEPTIONS WILL BE ALLOWED