

Ruth Sponsel, "Ms. Ruth," is offering swimming lessons again this summer as well as water aerobics classes. Ms. Ruth is an instructor and instructor trainer for the American Red Cross and has more than 25 years' experience in the aquatics field.

8 classes per session

\$80/session/child (minimum 5 participants required)

#### Monday-Thursday Mornings Session IV: July 18-28

Session I: June 6-16 Session II: June 20-30

Session III: July 4-14 Preschool (3–5 years)...

• Level 2/3 (6+ years)...

Session V: August 1–11

..10:30-11:00 am . 11:00–11:45 am

# Monday & Wednesday Evenings June Session: June 6-29

July Session: July 4-27 August Session: August 1-24

<ul> <li>Level 1/2 (6+ years)</li> </ul>	5:00-5:45 pm
• <b>Preschool</b> (3–5 years)	5:45–6:15 pm
• Lovol 3/4 (6 + years)	6:15_7:00 nm

Tuesdays & Thursdays 9:15-10:15 am

June 7-August 30

\$60/month/person (8 classes) • "Drop-ins" \$10/class Sign up at Pool

Contact Ms. Ruth Sponsel at 910.322.3453 or Ella at the pool with any questions



WEDNESDAYS: Kid's Night - Kids' Menu is 50% Off

THURSDAYS: Pasta Bar - \$11.50 adults • \$6.99 12 & under

FRIDAYS: Wings & Beer Night - Featuring Wings & \$2 Draft Beer SATURDAYS: Prime Rib & Wine Night - 50% off ALL BOTTLES of wine!

**SUNDAYS: Sunday Brunch** 

Call JP's at 910.425.6667x245 for reservations and to help the Gates Four team provide the best service possible

#### DRESS CODE REMINDER WHEN DINING IN CLUBHOUSE

All members and guests shall dress in a manner suitable to the surroundings and environment of a country club. Undershirts, cut-offs, short shorts, halter tops, and tank tops are not considered appropriate for this facility.



**Yoga** 

Mondays, Wednesdays & Fridays 8:30 am

#### **Chair Yoga**

Mondays, Wednesdays & Fridays 9:45 am

Chair Yoga is also offered on Zoom. Email jcwseesu@yahoo.com or text 910.391.5541 for the link. You must sign a waiver and get online payment options before receiving the Zoom link.

(NO CLASSES ON WEDNESDAY, MAY 11)

Riddle Room

\$10/class • Instructors: Jennifer Warnock or Traci Payne

#### **Personal Training**



Mike Sartain, Sartain Strong Certified Strength Coach/Personal Trainer 252.646.7417 mike@sartainstrong.com

## **Meetings/Clubs**

#### **Ladies Bunco Night**

Ladies Bunco Night is on the 2nd Wednesday of each month; contact ori Hawkins if interested (910.261.7871 | Lori.Hawkins64@gmail.com)

> Wednesday, May 11 • 7:30 pm Conference Room

#### **Homeowners (HOA)**

Wednesday, May 18 • 6:00 pm March Riddle Room

#### **Townhouse Owners**

The Townhouse Association HOA meets on the 2nd Wednesday every other month, even months (Feb., April, June, Aug., Oct., Dec.)

> Wednesday, June 8 • 6:30 pm Clubhouse Conference Room

For your safety and the safety of others, walking, jogging bicycling, fishing or ANY NON-GOLF-RELATED ACTIVITIES are **NOT PERMITTED** on the golf course **AT ANY TIME**. Reminder that this includes **WALKING** on the course.



- Colby & Krisi Burnette
- Gavin Bharrat
- Michael & Shannon Dolan
- Brad & Lindsey Ryan
- David & Elizabeth Espinoza





**Gates Four Golf & Country Club Monthly Newsletter** 

**MAY 2022** 

Thank you to everyone who spent Easter and Mother's Day with us!













Monday, May  $30 \pm 12-5$  pm (food served 12-3pm)

Hot Dogs ★ Hamburgers Pulled Pork ★ BBQ Chicken Breast Baked Beans ★ Pasta Salad Potato Salad ★ Cole Slaw Soft Rolls ★ Brownies & Cookies Watermelon/Fruit Display

#### KIDS TABLE

Chicken Tenders ★ Cheese Pizza Macaroni & Cheese \* Corn Dogs





## **Important Numbers**

Clubhouse	910.425.6667
Billing/Member Servi	cesx 222
JP's Bar & Grill	x 245
General Manager	x 223
Pro Shop	910.425.2176
Pool	910.425.4015
Tennis Pro	828.406.7383
Fitness Trainer	910.978.2348
Grounds Keeper	910.425.3381
Lakewood Gate	910.424.0542
Dundle Gate	910.424.1597

### **Spring Hours** Pro Shop/Range

Monday–Friday		
Saturday-Sunday	7:30 am–6:00 pm	
IP's Rar & Grill		

Jr 3 bai & Gilli	
CLOSED	
1:00 am-3:00 pm	
ches and Hot Dogs)	
1:00 am-9:00 pm	
0:00 am-5:00 pm	

.10:00 am-5:00 pm (Limited Menu after 3:00 pm)

#### **Tennis Courts** .7:00 am-9:30 pm

## **Fitness Center**

Daily.

Daily.

Daily

.. 8:00 am-Club Closing

Pool (OPENS MAY 27) .10:00 am-8:00 pm

Bluewater Café (OPENS MAY 27) CLOSED (Snack Bar, Hot Dogs & Sandwiches only) Tuesday. 11:00 am-7:00 pm (Snack Bar, Hot Dogs & Sandwiches only)

Wednesday-Saturday ..... 12:00 pm-4:00 pm Saturday-Sunday ..... ......11:00 am-5:00 pm **Snack Bar** (OPENS MAY 27)

...11:00 am-7:00 pm

## **Private Lessons**

Golf: Anthony Carstarphen...910.670.3761 **Golf:** Terry Bradley 502.909.5178 **Tennis:** Alicia Barto ..334.372.7177

#### **Gates Four Golf & Country Club**

For club questions, email Kevin Lavertu at klavertu@gatesfour.com. For newsletter comments, email Joan Richter at jrichter@nc.rr.com

# Upcoming IIN FVIENTE



MAY 14-15, 2022

**Honoring our military** and first responder families for their service, sacrifices and support of our country.

> Meet some celebrities and help a great mission!

The course will be closed Sunday, May 15. Members are encouraged to come out and watch the event. There will be a hospitality tent on the rear lawn of the clubhouse behind the #1 tee box.



## **Memorial Day Cookout at the Pool** Monday, May 30

RSVP by May 27; more information on page 1



www.fayettevilledinnertheatre.com or CALL 910 - 391-3859

**EVENT RESERVATIONS** 910.425.6667 x 221



# Golf

## **Upcoming Golf Tournaments**

Friday, May 13 Shoes that Fit 12:00 pm Shotgun

Saturday-Sunday, May 14-15 Stars and Stripes Invitational 10:00 am Shotdun

Wednesday, May 18 GF Interclub vs. Pinehurst 10:00 am Tee Times

Thursday, May 19 SSF Fincher Golf Tournament 11:30 am Shotgun

Saturday, May 21 MGA Event TBD 9:00 am Shotgun

Saturday, May 21 Goodyear 1:00 pm Shotgun

Sunday, May 22 CGA One Day 9:30 am Tee Times

Thursday, May 26 Golfweek Central Tour 10:00 am Shotgun

Saturday, May 28 Golfweek Central Tour 11:00 am Tee Times

#### JUNE

Friday, June 3 Methodist University 11:00 am Shotgun

Saturday, June 4 Fayetteville Urban Ministry 9:00 am Shotgun

Saturday, June 11 **BBA Golf Tournament** 1:00 pm Shotgun

Saturday, June 18 MGA US Open Event 9:00 am Shotgun

Saturday, August 13

Saturday, September 17

Wednesday, November 2

Saturday, November 12

Thursday-Saturday, October 13-15

Saturday, June 18 VGA Veterans Golf 10:00 am Tee Times

Friday, June 24 Operation Blessing 1:00 pm Shotgun

Saturday, June 25 Stan the Man 12:30 pm Shotaun

Saturday, June 30 MGA Golf Event 9:00 am Shotgun

Friday, July 1 VGA July 4th Event 8:00 am Shotgun

Wednesday, July 6
First Tee of Sandhills 10:00 am Tee Times

Wednesday, July 13 Newman Group 9:00 am Shotgun

Saturday, July 23 MGA Golf Event 9:00 am Shotgun

Saturday, July 23 Goodyear 1:00 pm Shotgun

#### **AUGUST**

Saturday, August 13 MGA Golf Event 9:00 am Shotgun

Saturday, August 20 Suicide Awareness 1:00 pm Shotgun

Friday, August 26 Miller Crew 9:00 am Shotgun

Saturday, August 27 Breezewood Church 9:00 am Shotgun

Member-Guest

Pro-Am

# Tennis

#### **New Tennis & Pickleball Head Professional**

The Senior Interclub team lost its match April 20 at Mid South 43.5–36.5. Stidham-Surber 7-13 • Young-Bailey 10-10

Molin-Serbio 11.5-8.5 • Holland-Wright 8-12

GREENS AERIFICATION
Monday, June 6 & Tuesday, August 30

(course closed all day)

We would like to welcome Alicia Barto as our new head tennis and pickleball professional. Alicia also serves as the assistant women's tennis coach at Methodist University and played collegiately at NCAA-DI Troy University. She will be the primary contact for members and guests who need assistance with tennis and pickleball at the club. Alicia Barto — 334.372.7177, aliroca05@gmail.com

#### Court Reserve Registration & Reservation System

Each Gates Four Golf & Country Club member has access to Court Reserve, the app used to reserve the tennis and pickleball courts and register for all tennis and pickleball events, lessons, and clinics. To access Court Reserve, please email Alicia Barto at aliroca05@gmail.com with ALL of the following information: Names of family members on GFGCC membership account, phone number, email address, and GFGCC membership number.

#### **Junior Tennis Clinic Sessions**

Spring Sat. May 7–Sat. June 4 (no session May 28) Each session has 5 weeks, and Mon. August 22-Fri. September 23 Fall II Mon. September 26-Fri. October 28 Fall III Mon. November 7–Fri. December 9

clinics will be 4 of the 5 weeks The extra week allows for a make-up session if needed for

- SMASHERS (ages 7–14): For younger players who need to develop the ABCs (agility, balance and coordination) of athletics in addition to learning the basic strokes of tennis on a modified court
- Tuesdays 5-6 pm | \$45 per 4-week session (Non-Members \$60 per session)
- SMASHERS (ages 7–11): For younger players who need to develop the ABCs (agility balance and coordination) of athletics in addition to learning the basic strokes of tennis
- Saturdays 9-10 am | \$45 per 4-week session (Non-Members \$60 per session)

#### **Adult Tennis Clinics**

- ADULT CARDIO DRILLS CLINIC: This fast-paced, high-energy drill session will get your heart pumping. The focus is on getting a great workout while learning how to become a better player
- Saturdays 10-11 am | Tuesdays 6-7 pm
- \$12 per clinic (Non-Members \$27 per clinic)

#### **Summer Tennis & Swim Camps**

June 6-9 Session IV July 11–14 Session I Session V July 25–28 Session II June 20-23

Session III June 27–30

This half-day camp will provide instruction for players of all ages and abilities. Players will be grouped with a camp counselor according to age and ability level.

- Monday—Thursday each session
- 9-11 am Tennis Drills & Games | 11 am-12 pm Cool off at Swimming Pool
- \$125 per session (Non-Members \$175 per session) | Daily Rate \$45 per day

**GOLF RESERVATIONS / INFORMATION Pro Shop – 910.425.2176** 

Saturday, June 18 (Pair with US Open Pro • 9 am Shotgun (B)

Saturday, July 23 (6-6-6 Event • 9 am Shotgun (B)