



Ruth Sponsel, "Ms. Ruth," is offering swimming lessons again this summer as well as water aerobics classes. Ms. Ruth is an instructor and instructor trainer for the American Red Cross and has more than 25 years' experience in the aquatics field.

## Swim Lessons

8 classes per session  
\$80/session/child (minimum 5 participants required)

### Monday-Thursday Mornings

Session IV: July 18-28 | Session V: August 1-11

- Preschool (3-5 years) ..... 10:30-11:00 am
- Level 2/3 (6+ years) ..... 11:00-11:45 am

### Monday & Wednesday Evenings

July Session: July 4-27  
August Session: August 1-24

- Level 1/2 (6+ years) ..... 5:00-5:45 pm
- Preschool (3-5 years) ..... 5:45-6:15 pm
- Level 3/4 (6+ years) ..... 6:15-7:00 pm

## Water Aerobics

Tuesdays & Thursdays 9:15-10:15 am  
Through August 30

\$60/month/person (8 classes) • "Drop-ins" \$10/class  
Sign up at Pool

Contact Ms. Ruth Sponsel at 910.322.3453 or Ella at the pool with any questions

## LIFEGUARDS NEEDED THIS SUMMER!

**+** If you are at least 16 and a certified lifeguard with CPR and First Aid Training, you can be a lifeguard this summer! Applications are in the clubhouse.



## JP's BAR & GRILL

### Specials

**WEDNESDAYS:** Kid's Night – Kids' Menu is 50% Off  
**THURSDAYS:** Pasta Bar – \$11.50 adults • \$6.99 12 & under  
**FRIDAYS:** Wings & Beer Night – Featuring Wings & \$2 Draft Beer  
**SATURDAYS:** Prime Rib & Wine Night – **50% off ALL BOTTLES of wine!**  
**SUNDAYS:** Sunday Brunch

Call JP's at 910.425.6667x245 for reservations and to help the Gates Four team provide the best service possible

**DRESS CODE REMINDER WHEN DINING IN CLUBHOUSE**  
All members and guests shall dress in a manner suitable to the surroundings and environment of a country club. Undershirts, cut-offs, short shorts, halter tops, and tank tops are not considered appropriate for this facility.



## Fitness


### Yoga

Mondays, Wednesdays & Fridays 8:30 am

### Chair Yoga

Mondays, Wednesdays & Fridays 9:45 am  
Chair Yoga is also offered on Zoom. Email jcwseesu@yahoo.com or text 910.391.5541 for the link. You must sign a waiver and get online payment options before receiving the Zoom link.

Riddle Room  
\$10/class • Instructors: Jennifer Warnock or Traci Payne



### Personal Training

Mike Sartain, Sartain Strong  
Certified Strength Coach/Personal Trainer  
252.646.7417 • mike@sartainstrong.com

## Meetings/Clubs

### Ladies Bunco Night

Ladies Bunco Night is on the 2nd Wednesday of each month; contact Lori Hawkins if interested (910.261.7871 | Lori.Hawkins64@gmail.com)  
Wednesday, July 13 • 7:30 pm  
Conference Room

### Homeowners (HOA)

Wednesday, July 20 • 6:00 pm  
March Riddle Room

### Townhouse Owners

The Townhouse Association HOA meets on the 2nd Wednesday every other month, even months (Feb., April, June, Aug., Oct., Dec.)  
Wednesday, August 10 • 6:30 pm  
Clubhouse Conference Room



## SAFETY REMINDER!

For your safety and the safety of others, **walking, jogging, bicycling, fishing or ANY NON-GOLF-RELATED ACTIVITIES** are **NOT PERMITTED** on the golf course **AT ANY TIME**.  
Reminder that this includes **WALKING** on the course.



## Welcome TO OUR NEWEST MEMBERS

- Michael Campbell
- Anthony & Leslie Dysinger
- Michael & Lorna Lane
- Nick Blackburn
- Daniel & Carly Melin
- Richard & MyLyn Sergeant
- Todd Farris & Beck Sexton
- Tammy & Chuck Godwin
- Truman & Carol Mays
- Travis & Natalie Greenwalt
- Steve & Brittany Colbourne



Gates Four Golf & Country Club Monthly Newsletter

JULY 2022



## THE MAINE EVENT

### 10<sup>th</sup> Annual Lobster Night!

Saturday, August 13, 6-9 pm

Our special guest chef, Gates Four's very own general manager Kevin Lavertu, will be serving up mouth-watering Maine lobster. A native of Maine, Kevin is a lobster expert and will be using his influence back home to get us the best fresh Maine lobster possible.

### MENU

1.5lb. Maine Lobster • New England Clam Chowder • Salad Bar • Roasted Red Potatoes • Corn on the Cob • Key Lime Pie

**RESERVATIONS REQUIRED!**  
MUST RSVP by August 6

**\$36.99 PER PERSON**  
**\$17 ADDTL. LOBSTER TAIL**

## AROUND the CLUB







## Important Numbers

<b>Clubhouse</b>	<b>910.425.6667</b>
Billing/Member Services	x 222
JP's Bar & Grill	x 245
General Manager	x 223
<b>Pro Shop</b>	<b>910.425.2176</b>
<b>Pool</b>	<b>910.425.4015</b>
<b>Tennis Pro</b>	<b>828.406.7383</b>
<b>Fitness Trainer</b>	<b>910.978.2348</b>
<b>Grounds Keeper</b>	<b>910.425.3381</b>
<b>Lakewood Gate</b>	<b>910.424.0542</b>
<b>Dundle Gate</b>	<b>910.424.1597</b>

## Summer Hours

### Pro Shop/Range

Monday–Friday	8:00 am–6:00 pm
Saturday–Sunday	7:30 am–6:00 pm

### JP's Bar & Grill

Monday	CLOSED
Tuesday	11:00 am–3:00 pm (Limited Menu – Cold Sandwiches and Hot Dogs)
Wednesday–Saturday	11:00 am–9:00 pm
Sunday	10:00 am–5:00 pm (Limited Menu after 3:00 pm)

### Tennis Courts

Daily	7:00 am–9:30 pm
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### Fitness Center

Daily	8:00 am–Club Closing
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### Pool

Daily	10:00 am–8:00 pm (On Monday, Snack Bar only)
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### Bluewater Café

Monday	CLOSED (Snack Bar, Hot Dogs & Sandwiches only)
Tuesday	11:00 am–7:00 pm (Snack Bar, Hot Dogs & Sandwiches only)
Wednesday–Saturday	12:00 pm–4:00 pm
Saturday–Sunday	11:00 am–5:00 pm

### Snack Bar

Daily	11:00 am–7:00 pm
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## Private Lessons

<b>Golf:</b> Anthony Carstarphen	910.670.3761
<b>Golf:</b> Terry Bradley	502.909.5178
<b>Tennis:</b> Alicia Barto	334.372.7177

### Gates Four Golf & Country Club

For club questions, email Kevin Lavertu at klavertu@gatesfour.com. For newsletter comments, email Joan Richter at jrichter@nc.rr.com

# Upcoming CLUB EVENTS

*Jay Dowdy*  
All American Homes

KIM EVERS TEAM  
OVM FINANCIAL

*Presents*  
*Gates Four*  
SUMMER  
CONCERT SERIES

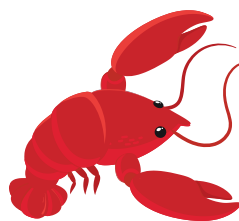
FREE CONCERT!

**SHOOT TO THRILL**  
AUGUST 5TH  
GATES OPEN 5:00  
JUDAH MARSHALL 6:00-7:00  
SHOOT TO THRILL 7:30-10:00

WITH SPECIAL GUEST  
JUDAH MARSHALL

FOOD, SOFT DRINKS, BEER & WINE ON SALE, CASH BAR W/ ALL ABC PERMITS PLUS MUSIC, DANCING, FOOD + FUN!

www.fayettevilledinnertheatre.com OR CALL 910-391-3859

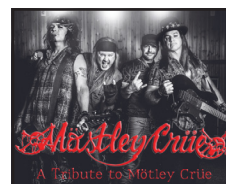


## Lobster Night

Saturday, August 13 • 6:00–9:00 pm

Join us for some mouth-watering Maine lobsters at our 10th annual Lobster Night! **Make your reservations by August 6**, because this event WILL book quickly! Remember to bring a big appetite! More information on page 1.

**NOTE: There will be NO JP's DINNER SERVICE this night; only bar will be open.**



## FREE Summer Concert Series

**Mötley Crüe** (A Tribute to Mötley Crüe)

RESCHEDULED FROM JUNE 3

Friday, August 26 • Gates open at 5:00 pm  
Musical Guest 6:00 pm • Concert 7:30 pm

Go to FayettevilleDinnerTheatre.com or call 910.391.3859



*Save the Date!*

**Sir Jonathan Burton** SINGING HIS GREATEST HITS  
Saturday, September 3 • More information to come

## EVENT RESERVATIONS

910.425.6667 x 221



# Golf

## Upcoming Golf Tournaments

### JULY

Wednesday, July 13  
Newman Group  
9:00 am Shotgun

Saturday, July 23  
MGA Golf Event  
9:00 am Shotgun

Saturday, July 23  
Goodyear  
1:00 pm Shotgun

### AUGUST

Saturday, August 13  
MGA Golf Event  
9:00 am Shotgun

Saturday, August 20  
Suicide Awareness  
1:00 pm Shotgun

Friday, August 26

Miller Crew  
9:00 am Shotgun

Saturday, August 27  
Breezewood Church  
9:00 am Shotgun

### SEPTEMBER

Friday, September 9  
The CARE Clinic  
11:00 am

Saturday, September 10  
MAGT Golf  
10:00 am Shotgun

Thursday, September 15  
Billy West DA  
8:00 am / 1:00 pm

Saturday, September 17  
MGA Golf Event  
9:00 am Shotgun

## 2022 MGA Golf Events

Saturday, July 23

8 am Breakfast • 9 am Shotgun • \$40 • 6-6-6 Event

Saturday, August 13

8 am Breakfast • 9 am Shotgun • \$40 • Criers & Whiners Event

Saturday, September 17

Thursday–Saturday, October 13–15 Member-Guest

Wednesday, November 2 Pro-Am

Saturday, November 12

## Night Golf

Friday, August 19 • 9:00 pm Shotgun

8:00 pm Hors D'oeuvres and Beverages • \$50 per Member

## COURSE MAINTENANCE

**FAIRWAY AERIFICATION**  
Monday, Aug. 15 (cart path only; course open)

**GREENS AERIFICATION**  
Monday, Aug. 29 (course closed all day)

## GOLF RESERVATIONS / INFORMATION

Pro Shop – 910.425.2176



# Tennis

## Pickleball

Pickleball is becoming popular in Gates Four! For more information on lessons (with or without a ball machine) or clinics, contact Austin Babb at 910.987.5299 or email a\_babb@msn.com or austinbabb@fayblock.com.

TOP: Rokne Sports Demo Night on June 30.

BOTTOM: The first day of a free pickleball clinic for kids on July 5.



## Court Reserve Registration & Reservation System

Each Gates Four Golf & Country Club member has access to **Court Reserve**, the app used to reserve the tennis and pickleball courts and register for all tennis and pickleball events, lessons, and clinics. To access Court Reserve, please email Alicia Barto at aliroca05@gmail.com with ALL of the following information: Names of family members on GFGCC membership account, phone number, email address, and GFGCC membership number.

## Junior Tennis Clinic Sessions

Fall I: Mon. Aug. 22–Fri. Sept. 23

Fall II: Mon. Sept. 26–Fri. Oct. 28

Fall III: Mon. Nov. 7–Fri. Dec. 9

Each session has 5 weeks, and clinics will be 4 of the 5 weeks. The extra week allows for a make-up session if needed for inclement weather etc.

- **SMASHERS (ages 7–14):** For younger players who need to develop the ABCs (agility, balance and coordination) of athletics in addition to learning the basic strokes of tennis on a modified court  
– Tuesdays 5–6 pm | \$45 per 4-week session (Non-Members \$60 per session)
- **SMASHERS (ages 7–11):** For younger players who need to develop the ABCs (agility, balance and coordination) of athletics in addition to learning the basic strokes of tennis on a modified court  
– Saturdays 9–10 am | \$45 per 4-week session (Non-Members \$60 per session)

## Adult Tennis Clinics

- **ADULT CARDIO DRILLS CLINIC:** This fast-paced, high-energy drill session will get your heart pumping. The focus is on getting a great workout while learning how to become a better player  
– Saturdays 10–11 am | Tuesdays 6–7 pm  
– \$12 per clinic (Non-Members \$27 per clinic)

## Summer Tennis & Swim Camps

Session IV: July 11–14 | Session V: July 25–28

This half-day camp will provide instruction for players of all ages and abilities. Players will be grouped with a camp counselor according to age and ability level.

- Monday–Thursday each session
- 9–11 am Tennis Drills & Games | 11 am–12 pm Cool off at Swimming Pool
- \$125 per session (Non-Members \$175 per session) | Daily Rate \$45 per day

## USTA Tennis

Fall combo registration is open. Play begins August 1. Championships will be played in November in Wilmington, NC. Interested Gates Four tennis players contact captains Gwenda Combs or Yvonne Rouse.

Gates Four 40+ 3.0 team, captained by Gwenda Combs, competed in the USTA NC State finals in Charlotte June 23.



## Social Tennis

**Doubles** — Tuesday and Thursday mornings, 8 am. All players welcome. No signup required; just come to the courts with your racket and tennis balls.

## LEAGUE MATCHES AND PRACTICES

## HAVE RESERVED COURTS

Call the Pro Shop for reservations