



# Tennis

## Programs & Clinics

### • Junior Tennis Clinics

Winter I Session Jan. 17–Feb. 18 • Spring I Session Feb. 21–March 25

**ACES (ages 11–18):** For middle school and high school players who can maintain a rally and are working on learning match strategies

Tuesdays 4–5:30 pm | Thursdays 4–5:30 pm

\$70 per 4-week session (Non-Members \$85 per session)

**SMASHERS (ages 7–11):** For younger players who need to develop the ABCs (agility, balance and coordination) of athletics in addition to learning the basic strokes of tennis on a modified court

Sundays, 2–3 pm

\$45 per 4-week session (Non-Members \$55 per session)

### • Adult Cardio Drills Clinics

This fast-paced, high-energy drill session will get your heart pumping. The focus is on getting a great workout while hitting 1,000 balls in an hour.

Tuesdays 5:30–6:30 pm | Thursdays 5:30–6:30 pm

\$10 per clinic (Non-Members \$15 per clinic)

### • Adult Pickleball Clinics

Come check out how to play the fastest-growing sport in the country. Need a paddle? We have one for you! We will teach you all of the basics and the easiest strategies to be successful fast.

Sundays 3–4 pm

\$10 per clinic (Non-Members \$15 per clinic)

## USTA

Signup for the 2022 Spring Season began January 1. Play starts as early as February 14. Match play for 3.0 18+ will be on Tuesdays at 6:30 pm. Interested Gates Four 3.0 players contact Yvonne Rouse. Match play for 3.0 40+ will be on Thursdays at 6:30 pm. Interested players contact Gwenda Combs.

## Tournament & Charity Events

- **Doubles Smash Tournament** — Gates Four member and tennis player Emily Morgan and her partner, Doug Hedges, won the 7.0 mixed doubles. The tournament was held in Pinehurst.
- **Polar Bear Tennis** — On December 11, 20 Fayetteville tennis players traveled to the Dr. Eddie Floyd Florence Tennis Center to participate in the annual Polar Bear Tennis event to benefit the Salvation Army toy drive. The entry fee was a new toy. Gates Four players Yvonne Rouse and Emily Morgan played.



## Social Tennis

- **Doubles** — Tuesday and Thursday mornings, 10 am. All players welcome. No signup required; just come to the courts with your racket and tennis balls.

League matches and practices have reserved courts. Please call the Pro Shop for reservations.



## JP's BAR & GRILL Specials

WEDNESDAYS: **Kid's Night** — Kids' Menu is 50% Off

THURSDAYS: **Pasta Bar** — \$11.50 adults • \$6.99 12 & under

FRIDAYS: **Wings & Beer Night** — Featuring Wings & \$2 Draft Beer

SATURDAYS: **Prime Rib & Wine Night** — 50% off ALL BOTTLES of wine!

SUNDAYS: **Sunday Brunch**

Call JP's at 910.425.6667x245 for reservations and to help the Gates Four team provide the best service possible



## Fitness

### Yoga

Mondays 8:30 am

(no class on Monday, January 31)

### Chair Yoga

Mondays and Wednesdays 9:45 am

(no class on Monday, January 31)

### Yogalates

Wednesdays 8:30 am

Riddle Room

\$10/class • Instructor: Jennifer Warnock

### Personal Training

Mike Sartain, Sartain Strong

Certified Strength Coach/Personal Trainer

252.646.7417 • mike@sartainstrong.com



## Meetings/Clubs

### Ladies Bunco Night

Ladies Bunco Night is on the 2nd Wednesday of each month; contact Lori Hawkins if interested (910.261.7871 | Lori.Hawkins64@gmail.com)

Wednesday, January 12 • 7:30 pm

Conference Room

### Homeowners (HOA)

Wednesday, January 19 • 6:00 pm

March Riddle Room

### Townhouse Owners

The Townhouse Association HOA meets on the 2nd Wednesday every other month, even months (Feb., April, June, Aug., Oct., Dec.)

Wednesday, February 9 • 6:30 pm

Clubhouse Conference Room

## Did You Know?

## JP'S BAR & GRILL HAS BRUNCH EVERY SUNDAY

11:00am–2:00pm

In addition to our lunch menu, the brunch menu features Eggs Benedict, Cuban French Toast, Omelets, and many more breakfast favorites!



## Welcome TO OUR NEWEST MEMBERS

• Camron & Katie Rawls



Gates Four Golf & Country Club Monthly Newsletter

JANUARY 2022

## Valentine's Day Dinner

SATURDAY, FEB. 12 ♥ 6:00–9:00 PM

### Choice of Entree

Chateaubriand for Two with Cherry Port Wine, Sautéed Broccolini and Roasted Fingerling Potatoes

Pan-seared Sea Scallops with White Truffle Butter, Butternut Squash Puree, Micro Green Salad with Lobster in Lemon Honey Vinaigrette

Roasted Airline Chicken Breast with Madeira Wine Sauce, Polenta and Sautéed Haricot Vert

### Choice of Dessert

Red Velvet Cheesecake ~or~ Citrus Tart

All meals include choice of House or Caesar Salad and Hot Rolls and Butter. Every couple will receive a Champagne Toast with Chocolate-Covered Strawberries.

\$100/COUPLE ♥ RSVP BY FEB. 9



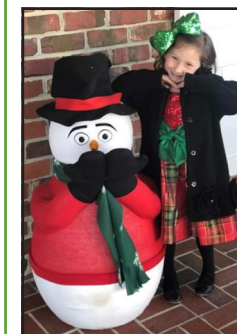
## SUPER BOWL PARTY AT JP'S SUNDAY 02.13.22 5:30–9:30 PM

Smoked BBQ Ribs • Buffalo Wings • Deli Sandwich Board  
Pizza Rolls • Homemade Chips with Green Onion Dip  
Tortilla Chips with Salsa and Guacamole

\$20/person • Cash Bar • Adults Only

## AROUND the CLUB

Thank you to everyone who spent the holidays with us!



Gates Four Golf & Country Club • 6775 Irongate Dr., Fayetteville, NC 28306 • GatesFour.com



## Important Numbers

<b>Clubhouse</b> .....	<b>910.425.6667</b>
Billing/Member Services.....	x 222
JP's Bar & Grill.....	x 245
General Manager.....	x 223
<b>Pro Shop</b> .....	<b>910.425.2176</b>
<b>Pool</b> .....	<b>910.425.4015</b>
<b>Tennis Pro</b> .....	<b>828.406.7383</b>
<b>Fitness Trainer</b> .....	<b>910.978.2348</b>
<b>Grounds Keeper</b> .....	<b>910.425.3381</b>
<b>Lakewood Gate</b> .....	<b>910.424.0542</b>
<b>Dundle Gate</b> .....	<b>910.424.1597</b>

## Winter Hours

### Pro Shop/Range

Monday–Friday.....	8:00 am–5:00 pm
Saturday–Sunday .....	7:30 am–5:00 pm

### JP's Bar & Grill

Monday.....	CLOSED
Tuesday.....	11:00 am–5:00 pm (Limited Menu – Cold Sandwiches and Hot Dogs)
Wednesday–Saturday .....	11:00 am–9:00 pm
Sunday .....	10:00 am–5:00 pm (Limited Menu after 3:00 pm)

### Tennis Courts

Daily.....	7:00 am–9:30 pm
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### Fitness Center

Daily.....	8:00 am–Club Closing
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## Private Lessons

Need a private lesson to improve your swing or stroke?  
Call one of these pros to check on availability and cost.

**Golf:** Anthony Carstarphen...910.670.3761  
**Tennis:** Brent Edwards.....434.222.8546

**Gates Four Golf & Country Club**  
6775 Irongate Dr., Fayetteville, NC 28306  
GatesFour.com

For club questions, email Kevin Lavertu at  
klavertu@gatesfour.com. For newsletter comments,  
email Joan Richter at jrichter@nc.rr.com,

# Upcoming CLUB EVENTS

## Valentine's Day Dinner

Saturday, February 12 • 6:00–9:00 pm



- Elegant Plated Dinner
- Half-Price Bottles of Wine/Champagne
- Light Background Music
- Romantic Night for Two!

\$100.00 / couple

More information on page 1; RSVP by February 9



## Super Bowl Party

Sunday, February 13 • 5:30–9:30 pm

More information on page 1

## MGA Social and Wall of Honor

Wednesday, March 9 • 6:00 pm in the Ballroom

Kick off the 2022 golf season with this special social, including hors d'oeuvres  
and a cash bar. Free and open to all members.



## St. Patrick's Day Dinner Features

Thursday, March 17

Come to JP's for shamrocks, shenanigans  
and green beer, where Chef Patrick will offer a special menu of traditional Irish favorites.

Lamb Stew • Corned Beef and Cabbage •  
Braised Cod • Bangers and Mash

## EVENT RESERVATIONS

910.425.6667 x 221



# Golf

## 2022 MGA Golf Events

### SAVE THE DATES!

Saturday, March 12

Saturday, April 9

Saturday, June 18

Saturday, July 23

Saturday, August 13

Saturday, September 17

Thurs.–Sat., October 13–15 Member-Guest

Wednesday, November 2 Pro-Am

Saturday, November 12



## COURSE MAINTENANCE

### BULK SPREAD SPRING PRE EMERGE

Thursday, February 3

(cart path only)

### DEEP TINE AERIFICATION

Monday, February 14

(9 holes open)

### GREENS AERIFICATION

Tuesday, February 15

(course closed all day)

## SAFETY REMINDER!

For your safety and the safety of others, **walking, jogging, bicycling, fishing** or  
**ANY NON-GOLF-RELATED ACTIVITIES** are **NOT PERMITTED** on the golf course  
**AT ANY TIME.** Reminder that this includes **WALKING** on the course.

## GOLF RESERVATIONS / INFORMATION

Pro Shop – 910.425.2176

Happy New Year! I hope this article finds you well going into 2022. The past year was once again interesting, and it's been a welcome relief to ring in the new year. I hope you were able to enjoy the Christmas holiday with family and friends. Just like in 2021, if there is one thing we have learned throughout the past couple years, it is that golf is a great option to beat the blues of the world. This time of year brings many different types of days: cold, warm, wet, frozen, etc. Certainly there will be at least one day a week that is warm that you can get out and enjoy the sunshine and golf course.

As you will see, we have been working as much as possible on the course to get ready for this year. We have started trimming back pond banks, working on irrigation, and will be cutting down troublesome shade trees. Also, behind the scenes we are refreshing



and servicing equipment for the next mowing season. We are also gearing up and getting ready for the aerification in February. As you will notice on the calendar, we are once again going to be doing a "deep tine" aerification in addition to pulling small cores. This deep

tine aerification is contracted out and has turned out to be a critical cultural practice for us going into the spring. The machines use a 5/8" solid tine and go down approximately 10–12 inches while kicking a little bit to fracture the subsurface. This action breaks up any compaction deeper than we can reach below the surface and encourages deep rooting. The bentgrass roots thrive in air space and having these channels greatly encourages deep rooting as well as a tremendous improvement in water infiltration. The deeper the bentgrass roots going into the summer, the better chance the turf will make it through the summer. So, in February when you are inconvenienced for a couple days, please try to remember the benefits far outweigh the slight inconveniences.

We appreciate your patience and understanding as we continue to improve the conditions here at Gates Four. I hope you have a good month and find time to hit the course. Until next time, I'll see you on the course.

*Shaun Kerr, Golf Course Superintendent*

## BOOK YOUR 2022

# Golf Outing

AT GATES FOUR!

### Are you part of a nonprofit organization looking for a way to fundraise?

Look no further than Gates Four Golf & Country Club! Book now while we still have dates available to host your corporate and/or charity events! Your participants will have the opportunity to play our stunning golf course AND enjoy the beautifully designed Pavilion for the end-of-the-day awards and dining. We have distinct packages that are tailored to suit your needs.

Contact Kevin Lavertu at 910.425.6667 x 223 or klavertu@gatesfour.com