# Tennis

## **Programs & Clinics**

#### Junior Tennis Clinics

Spring II Session March 28–April 29 (no clinics April 18–22 for Spring Break) Spring III Session May 2–June 3

ACES (ages 11–18): For middle school and high school players who can maintain a rally and are working on learning match strategies

- Tuesdays 4-5:30 pm | Thursdays 4-5:30 pm
- \$70 per 4-week session (Non-Members \$85 per session)

SMASHERS (ages 7–11): For younger players who need to develop the ABCs (agility, balance and coordination) of athletics in addition to learning the basic strokes of tennis on a modified court

- Sundays, 2-3 pm
- \$45 per 4-week session (Non-Members \$55 per session)

#### Adult Cardio Drills Clinics

This fast-paced, high-energy drill session will get your heart pumping. The focus is on getting a great workout while hitting 1,000 balls in an hour.

- Tuesdays 5:30-6:30 pm | Thursdays 5:30-6:30 pm
- \$10 per clinic (Non-Members \$15 per clinic)

#### Adult Pickleball Clinics

Come check out how to play the fastest-growing sport in the country. Need a paddle? We have one for you! We will teach you all of the basics and the easiest strategies to be successful fast.

- Sundays 3-4 pm
- \$10 per clinic (Non-Members \$15 per clinic)

### USTA

Come to the Gates Four courts and cheer for the tennis teams' home matches.

- **18+ 3.0** Tuesdays 6:30 pm (April 26, May 10)
- **40+ 3.0** Thursdays 6:30 pm (April 14)

As of April 1, both teams are #1 in their league.

### Social Tennis

Doubles — Tuesday and Thursday mornings, 10 am. All players welcome. No signup required; just come to the courts with your racket and tennis balls.

League matches and practices have reserved courts. Please call the Pro Shop for reservations.

## TAKE ME OUT TO A **Fayetteville Woodpeckers Game!**



Gates Four has partnered with the Woodpeckers and has a limited number of tickets available for members. Tickets are first come, first serve and are limited to 5 per member. Contact Angela in Membership Services for more details.



WEDNESDAYS: Kid's Night - Kids' Menu is 50% Off THURSDAYS: Pasta Bar - \$11.50 adults • \$6.99 12 & under FRIDAYS: Wings & Beer Night – Featuring Wings & \$2 Draft Beer SATURDAYS: Prime Rib & Wine Night – 50% off ALL BOTTLES of wine! SUNDAYS: Sunday Brunch

Call JP's at 910.425.6667 x 245 for reservations and to help the Gates Four team provide the best service possible



Yoga Mondays 8:30 am

## **Chair Yoga**

Mondays & Wednesdays 9:45 am **Riddle Room** 

\$10/class • Instructors: Kyle Jackson or Traci Payne (Jennifer Warnock is on clinical rotations through May)

#### Personal Training



Mike Sartain, Sartain Strong Certified Strength Coach/Personal Trainer 252.646.7417 • mike@sartainstrong.com

## **Meetings/Clubs**

#### Ladies Bunco Night

Ladies Bunco Night is on the 2nd Wednesday of each month; contact Lori Hawkins if interested (910.261.7871 | Lori.Hawkins64@gmail.com)

Wednesday, April 13 • 7:30 pm Conference Room

#### Homeowners (HOA) Annual Meeting

Wednesday, April 20 • 6:00 pm March Riddle Room

#### **Townhouse Owners**

The Townhouse Association HOA meets on the 2nd Wednesday every other month, even months (Feb., April, June, Aug., Oct., Dec.)

Wednesday, April 13 • 6:30 pm Clubhouse Conference Room





11:00am-2:00pm In addition to our lunch menu, the brunch menu features Eggs Benedict, Cuban French Toast, Omelets, and many more breakfast favorites!





Gates Four Golf & Country Club Monthly Newsletter

Sunday, May 8, 2022 Roasted Round of Beef with Roasted Garlic Demi

Roasted Honey-Glazed Ham • Slow Roasted Turkey • Fried Haddock Fried Chicken Breast

Vegetable Crudités • Domestic Cheese Display • Spinach Artichoke Dip Spring Rolls with Soy Ginger Sauce • Clam Chowder • Hashbrown Casserole Applewood Smoked Bacon • Scrambled Eggs • Broccoli and Bacon Salad Mixed Garden Salad with Fresh Berries • Caesar Salad • Broccoli Casserole Summer Squash Medley • Southern-Style Green Beans Garlic Mashed Potatoes • Cornbread Dressing . Peach Cobbler • Bread Pudding • Assorted Cakes & Pies



# MAY 14–15, 2022 PRESENT Smithfield CELEBRITY INVITATIONAL

our country. Meet some celebrities and help a great mission!



\$36.95 Adults RSVP by May 5

Honoring our military and first responder families for their service, sacrifices and support of













Gates Four Golf & Country Club 6775 Irongate Dr., Fayetteville,NC 28306 GatesFour.com



## **Important Numbers**

Clubhouse	910.425.6667
Billing/Member Servi	cesx 222
JP's Bar & Grill	x 245
General Manager	x 223
Pro Shop	910.425.2176
Pool	910.425.4015
Tennis Pro	
Fitness Trainer	910.978.2348
Grounds Keeper	910.425.3381
Lakewood Gate	910.424.0542
Dundle Gate	910.424.1597

## **Spring Hours**

**Pro Shop/Range** 

ivionday—Friday	/8:00 am=6:00 pm
Saturday–Sund	lay 7:30 am–6:00 pm

#### JP's Bar & Grill

Monday	CLOSED	
Tuesday11:00a	am–3:00 pm	
(Limited Menu – Cold Sandwiches and Hot Dogs)		
Wednesday–Saturday11:00 am–9:00 pm		
Sunday10:00a	am–5:00 pm	
(Limited Menu after 3:00 pm)		

**Tennis Courts** .7:00 am-9:30 pm Daily.

**Fitness Center** Daily. .8:00 am-Club Closing

### POOL OPENS FRIDAY, MAY 27

## **Private Lessons**

Need a private lesson to improve your swing or stroke? Call one of these pros to check on availability and cost.

Golf: Anthony Carstarphen.	910.670.3761
Golf: Terry Bradley	502.909.5178
Tennis: Brent Edwards	434.222.8546

Gates Four Golf & Country Club 6775 Irongate Dr., Fayetteville, NC 28306 GatesFour.com For club questions, email Kevin Lavertu at klavertu@gatesfour.com. For newsletter comments, email Joan Richter at jrichter@nc.rr.com,





**Easter Brunch** Sunday, April 17 11:00 am, 12:30 pm & 2:00 pm seatings (Maximum 75 people per seating) \$28/adult, \$14/kids 6–12, FREE ages 5 & under

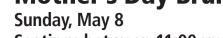
RSVP by April 10



## FREE CONCERTS ALL SUMMER!



## **Mother's Day Brunch**



Seatings between 11:00am & 2:00pm 😼 \$36.95/adult, \$18/kids 6–12, FREE ages 5 & under More information on page 1 • RSVP by May 5

## **EVENT RESERVATIONS** 910.425.6667 x 221

# Golf

## **Upcoming Golf Tournaments**

Saturday, April 9 **MGA Golf Event** 10:00 am Shotgun

Wednesday, April 13

APRIL

Senior Interclub-Legacy 10:00 am Tee Times

Thursday, April 14 1st Special Forces 10:00 am Shotgun

Saturday, April 16 Massey Hill Masters 12:00 pm Shotgun

Wednesday, April 20 Senior Interclub-Mid South 10:00 am Tee Times

Saturday, April 23 Berean Baptist 1:00 pm Shotgun

Sunday, April 24 Korean American Chamber 1:00 pm Shotgun

Tuesday, April 26 Fayetteville Christian Match



Tuesday, May 3 Fayetteville Christian Match 1:00 pm Shotgun Thursday, May 5

MAY

Sunday, May 1

Region 4 Coaches

1:00 pm Shotgun

Monday, May 2

Liberty Christian

2:00 pm Shotgun

Tuesday, May 3

10:00 am Shotgun

Grasscutters

Hope Mills Chamber 1:00 pm Shotgun

Friday, May 6 VCA David Hinkamp 1:00 pm Shotgun

Saturday, May 7 Shriners AM Tour 11:00 am Tee Times

Sunday, May 8 US Kids Golf Sandhills 11:00 am Double Tee 1 & 10

Friday, May 13 Shoes that Fit 12:00 pm Shotgun

Saturday–Sunday, May 14–15 Stars and Stripes Invitational 10:00 am Shotgun

# **MGA Golf Events**

Saturday, April 9 (Master's Par 3 • 10 am Shotgun (L) Saturday, June 18 (Pair with US Open Pro • 9 am Shotgun (B) Saturday, July 23 (6-6-6 Event • 9 am Shotgun (B) Saturday, August 13 Saturday, September 17 Thurs.-Sat., October 13-15 Member-Guest Wednesday, November 2 Pro-Am Saturday, November 12

## **GOLF RESERVATIONS / INFORMATION** Pro Shop – 910.425.2176

## From the Course

Welcome spring, we are so glad you are here! Hello, I hope you and your family are doing well and enjoying the change of weather. We are finally having warm mornings and warmer days. We have had nice spring showers and of course the spring winds along with them. Also the pollen has come out in full force, and if you have a dark vehicle, you will see it all day every day on your car. Washing your car is pretty much a waste of time for now, and if you accidently leave your car window open all weekend like I did, good luck!

On to the course, the greens have come out of aerification nicely and are shaping up well for spring golf. Unfortunately, it did take a little longer than we would have liked to get them where they need to be as far as green speed and smoothness. The main reason recovery was slow this season was due to the deep tine aerification we did. This is an aggressive aerification and goes down into the soil profile 10–12 inches. This fractures the soil profile and creates channels for water, oxygen, and eventually roots to travel down. This is critical to send deep roots to help with summer survival.

We also used a coarse particle size sand to help dilute organic material and help with drainage and air flow. Believe it or not, we used close to 80 tons of sand to fill and smooth the greens. It has been said to me by a mentor that "You have to break eggs to make cake." Sometimes we have to cause disruption for the improvement and future of our putting surfaces. Inconveniencing members and guests is not our goal, but sometimes it happens. We appreciate your patience and continued business while we recovered from these processes. I can assure you that these practices are only for the betterment of the greens and the club. As we move forward toward The Masters, I hope you are dusting off your clubs and polishing your shoes. This is the time of year when everyone wants to get out and beat the ball around before it gets too hot. I hope you are able to take advantage of the nice days ahead. I appreciate your business and look forward to seeing you at the club. Until next time, I'll see you on the course.

> Shaun Kerr Golf Course Superintendent



charity events! Your participants will have the opportunity to play our stunning golf course AND enjoy the beautifully designed Pavilion for the end-of-the-day awards and dining. We have distinct packages that are tailored to suit your needs.

Contact Kevin Lavertu at 910.425.6667 x 223 or klavertu@gatesfour.com