



# 2022 Racquets Clinics & Programs

## Junior Tennis Clinics

<b>Sessions:</b>	Winter I	Mon 1/17 – Fri 2/18
	Spring I	Mon 2/21 – Fri 3/25
	Spring II	Mon 3/28 – Fri 4/29
	Spring III	Mon 5/2 – Fri 6/3
	Fall I	Mon 8/22 – Fri 9/23
	Fall II	Mon 9/26 – Fri 10/28
	Fall III	Mon 11/7 – Fri 12/9

- Each session has five weeks. Clinics will be for four weeks of the five weeks.
- The extra week is to allow for a make-up session in case of rain, etc.
- *No clinics the week of April 18-22 (Public School Spring Break)*
- *No clinics the week of Thanksgiving*

<b>Aces (11-18 years)</b>	Tuesdays	4:00-5:30pm	\$70 per 4-week session
	Thursdays	4:00-5:30pm	\$70 per 4-week session
			Non-Member fee of \$15 per session

*Middle School & High School Players who can maintain a rally and are working on learning match strategies.*

<b>Smashers (7-11 years)</b>	Sundays	2:00-3:00pm	\$45 per 4-week session
			Non-Member fee of \$10 per session

*For younger players who need to develop the ABCs (agility, balance and coordination) of athletics in addition to learning the basic strokes of tennis on a modified court*



## Adult Tennis Clinics

<b>Adult Cardio Drills Clinic</b>	Tuesdays	5:30-6:30pm	\$10 per clinic
	Thursdays	5:30-6:30pm	\$10 per clinic
			Non-Member fee of \$5 per clinic

*This fast-paced, high-energy drill session will get your heart pumping. The focus is on getting a great workout while hitting 1,000 balls in an hour.*

## Pickleball Clinics

<b>Adult Pickleball Clinic</b>	Sundays	3:00-4:00pm	\$10 per clinic
			Non-Member fee of \$5 per clinic

*Come check out how to play the fastest growing sport in the country. Need a paddle? We have one for you! We will teach you all of the basics and the easiest strategies to be successful fast!*



# Summer Tennis & Swim Camps



This half-day camp will provide instruction for players of all ages and abilities. Players will be grouped with a camp counselor according to age and ability-level.

## Camp Schedule:

9am-10:15am	Warm-up and tennis drills
10:15-10:30am	Water & Snack break
10:30-noon	Tennis Tactical Development and Competition
Noon-1pm	Cool off at Swimming Pool and Lunch

- The camp will run Monday through Friday during the session.
- Lunch will be provided each day. Players with special dietary needs must communicate with the camp director ahead of time to make accommodations in advance.

## Camp Sessions:

Session I	June 13-17 <sup>th</sup>
Session II	July 11-15 <sup>th</sup>
Session III	July 18-22 <sup>nd</sup>
Session IV	August 2-5 <sup>th</sup>

Cost:	\$175 per session (Non-members \$200 per session)
Daily rate:	\$50 per day

**\*\*\* \$25 discount for all players who register for camp prior to June 1, 2022 \*\*\***