



NEWS FROM GATES FOUR GOLF & COUNTRY CLUB • FEBRUARY 2012

Superbowl Party — Sunday, February 5, 5:30p.m.

No matter which team you are routing for, there is nothing like sharing the thrill of competition with a group of friends. Watching the Superbowl on the big screen at the Club with opposing fans makes it even more exciting. Join fellow football fans for Superbowl XLVI at the Club from 5:30p.m. to 9:30p.m. It's sure to be a great time, no matter which team comes out on top.

MENU: chili • hot dogs • hoagies • pizzas • chicken wings with bleu cheese • nachos station with cheese sauce and fixings • cheese and fruit tray with crackers



COST: \$15 PER PERSON • Adults only
• Cash bar. RSVP by Tuesday, January 31, to 425.6667 or tgreen@gatesfour.com.

Celebrate Valentine's with Your Sweetheart!

— Friday, February 10, 6p.m.



We are offering Sweetheart Specials in JPs on Friday, February 10, with two seatings: 6p.m. (seating A) and 7:30p.m. (seating B). Bring your sweetheart and share a gourmet dinner close to home. **RESERVATIONS ARE REQUIRED**
MENU: heart-shaped grilled Sicilian pita • dinner choices: four-ounce filet with stuffed shrimp • six-ounce New York strip steak with scallops Mornay • stuffed jumbo shrimp OR chateaubriand steak, Chef's feature for two • all entrees served with duchess potatoes and bacon-wrapped asparagus • dessert: heart-shaped strawberry shortcake with fresh lemon cream

COST: \$25 PER PERSON • \$45 PER COUPLE • Please note, regular menu items will not be available. First 20 reservations receive a free gift.

RESERVATIONS REQUIRED. RSVP by Tuesday, February 7, to 425.6667 or tgreen@gatesfour.com.

Special Events

Superbowl Party
Sunday, February 5

Valentine's Dinner
Friday, February 10

Wine Dinner
Friday, March 9

Kids Club
Friday, March 9

RSVP to 425.6667

First Wednesday Buffet

Casual family dining the first Wednesday of every month, 5p.m.-8p.m., featuring a feast of favorites. Reservations requested. Dine-in only. \$13.95, adults. Children 10 & under, \$4.95 with each adult buffet. *Birthdays Buffet:* February 1

Thursday Pasta Nights

Don't forget to make reservations early to this popular design-your-own pasta dish night. \$9.95, adults. Children 10 & under, \$5.95



Meetings

Homeowners – February 20
• 6p.m., Riddle Room

Townhouse Owners –
February 21 • 7p.m.,
2nd-floor conference room

Book Club

Tuesday, February 7, 7p.m.

For more information, call Trisha Taris at 426-8117.

Ladies' Bunco Night

Tuesday, February 7, 7p.m.

To join, contact Lori Hawkins at lori.hawkins@us.army.mil or 425-7154.



From the Manager's Desk



Great News! In an ongoing effort to improve the benefits of membership at Gates Four Golf & Country Club, we have joined the Private Club Network, an association that networks private country clubs around the nation for the mutual benefit of their members.

Participation in the Private Club Network allows you, as a member of Gates Four Golf & Country Club, to play on all participating golf courses for a standardized fee.

We believe that the Private Club Network is a significant added benefit to your membership and is consistent with our goal of creating an exceptional membership experience for you.

Find out more about the clubs open to you across the country and the standardized fees by visiting www.privateclubnetwork.com.

Best Regards,
Kevin Lavertu
General Manager
klavertu@gatesfour.com



Wine Dinner — Friday, March 9, 6p.m.



Uncork and unwind. Pour, swirl, sip, savor and relax. Join us for a five-course gourmet dinner and wine-tasting that has been popular with members since we introduced it. Each course will be paired with a different Australian wine. A wine expert will explain why the flavors of the food go with each wine selection.

Plus, no need to worry about finding a babysitter. The Kids Club is conveniently "paired" with the Wine Dinner.

COST: \$40 PER MEMBER • \$50 PER GUEST • **RSVP** to 425.6667 or tgreen@gatesfour.com by Monday, March 5.

Kids Club — Friday, March 9, 6p.m. to 9p.m.

Children 5 and older are invited to our latest Kids Club event – which is conveniently "paired" with the Wine Dinner! Movie: *Mr. Penguins Poppers*. Activities and food provided. Parents must remain on the Club premises during the event.

COST: \$7 PER CHILD (MEMBER) • \$10 (GUEST). Reservations required. **RSVP** by Tuesday, March 6, to 425.6667 or tgreen@gatesfour.com.



Every Week at Gates Four!

Pump Exercise Classes

Tuesdays & Thursdays, 4:30p.m.
• Saturdays, 8:30a.m.

Exercise Classes are \$8/class or \$35/month. Reserve your spot by calling 978.2348.

Introductory specials available for personal training at the Club.

Flow Yoga Classes

Wednesdays, 9a.m. • \$10/class

Private instruction available.

Tennis

Junior Group Lessons —
Wednesdays beginning at 5:30,
\$10/hour

Private Lessons — \$20/half hour

Family Pasta "Your Way" Night Thursdays

\$10 Bottles of House Wine
Saturdays (all day)



Club Hours

Fitness Center

Sunday: 8a.m. to 3p.m.

Monday: 8a.m. to 5p.m.

Tuesday to Saturday:
8a.m. til Club closes

Pro Shop & Range Hours

Winter Hours: 8a.m. to 5p.m.
Monday to Sunday

Tennis Courts

7a.m. to 9:30p.m.

JPs Bar & Grill Hours

Sunday: 10a.m. to 3p.m.
(lunch menu)

Monday: 11a.m. to 5p.m.
(snack bar, hot dogs
& sandwiches)

Tuesday to Friday:
11a.m. to 9p.m.

Saturday: 10a.m. to 9p.m.



GATES FOUR GOLF & COUNTRY CLUB

6775 Irongate Dr. • Fayetteville,
NC 28306 • www.gatesfour.com

For Club questions, email Kevin
Lavertu at klavertu@gatesfour.com

For newsletter comments, email Julie
Wood at creativecc@earthlink.net.

GOLF

Private Club Network Play Courses Across the U.S.

Take advantage of our new member benefit, the Private Club Network, by visiting www.privateclubnetwork.com. Select "login" on the home page (username: pcnmember • password: member2011), search the portfolio of more than 175 clubs by state, city and/or zip code and make tee-time reservations. You also can contact Private Club Network's dedicated Tee Time Concierge staff at 800.547.0838.

Tee-time requests must be made at least 48 hours in advance and are filled based on space availability at the host club. Members of the Private Club Network may not contact the host club directly to request tee-times. Doing so is grounds for termination of membership privileges.

All Members will be charged a standardized fee (\$25 or \$50), which includes the cart fee. Remember that the facilities and services of other member clubs may be different from those at Gates Four.

As you travel, we hope you have the ability to take advantage of this excellent new membership perk for Gates Four members.

Join the MGA

Have you thought about joining the Gates Four Men's Golf Association (MGA)? Now's the time! Annual dues are only \$30, which includes five great tournaments in various formats — some even include breakfast or steak dinner. Join this great group. You are sure to enjoy playing in these events with your fellow Members. For more information, contact Harvey Adcox at 850.5303, or see golf shop staff. ●

FITNESS

Flow Yoga Classes Wednesdays, 9a.m. to 10a.m.

Experience Flow Yoga, now available on Wednesdays from 9a.m. to 10a.m. in the Women's Locker Room. Men and women of all levels are welcome in this "user-friendly" class geared toward beginner- and intermediate-level students.

The flow-yoga method of training fluidly links Hatha yoga poses together in a safe and effective way. Classes emphasize strength, endurance, athletic performance, balance and posture. Rhythmic movement patterns and poses encourage concentration and awareness with a focus on establishing a mind/body connection through thought, breath and posture.

With more than 20 years of experience, ACSM Certified Personal Trainer *Michelle Huston* is trained as a TRX Suspension instructor and is a Flow Yoga instructor. She also has certifications as a Golf Fitness Professional from the Titleist Performance Institute.

Classes are 50 minutes. • Space is limited • **COST: \$10 PER CLASS.** • Private instruction is available upon request. • Future classes may be possible, interest based. • Bring yoga mat, towel and water, as needed. • Minimum of 3 participants to start. • RSVP to Tammy at tgreen@gatesfour.com and start feeling and looking better. For more information, contact Tammy at the Club or Michelle directly at 816.803.4408. ●

WELCOME New Members!

*Gillianne Defoe &
Darrin Dabideen*

Patrick & Paula Phelan

*Trinidad &
Young-hee Capelo*

JUST JPS

Make Reservations!

Don't be surprised if you come to our Thursday Pasta Night and have to wait for a table. It's becoming a regular occurrence for those who don't make reservations. Weekend evenings are busy, too, so don't rely on walking in and getting a table. Make reservations! It is very important to secure reservations — especially for large groups. ●

TENNIS

USTA Junior Tennis League

Hey, junior tennis players, are you ready to go to the next level? Come put your skills to good use and join the USTA JR Spring Tennis League. There are teams for 10 and under, 12 and under, 14 and under, and 18 and under. You can sign up at the Junior Tennis Carnival, which will be in late February at Mazarick Park, or contact Tennis Pro *Derrick Berry* (922.9990) in early March for details. ●



Important Club Numbers

Clubhouse — 425.6667
JPs Bar & Grill 245
General Manager..... 223
Event Manager..... 235
Reservations 221 or 245
Chef 228
Golf Pro..... 225

Pro Shop — 425.2176

Pool — 425.4015

Tennis Pro — 922.9990

Fitness Trainer — 978.2348

Grounds keeper — 425.3381

Gatehouse — 424-0542

New Gatehouse — 424-1597